

Aperitif dip with caramelised onions and blackcurrant liqueur

Ingrédients

Pepper

Blackcurrant liqueur	5 cl
Onion	1
Chives	3 sprigs
Greek yoghurt	1
Mayonnaise	1 teaspoon
Gherkin	5
Garlic clove	1/2
Salt	

Les étapes

Cut your onion into small cubes and place them without fat, covered, on a low heat. Keep an eye on the cooking. If it starts to stick, add 1 tablespoon of water. At the end of the cooking time (after 15 to 20 minutes), add the crème de cassis and leave to caramelise.

While the onions are cooking, chop your spring onions or chives and the gherkins. Then squeeze the garlic.

In a bowl, add all the ingredients and mix. Taste and season to taste.

The dip is ready! This light sauce is perfect with tortillas, breadsticks or raw vegetables. Carrots, cauliflower or mushrooms are perfect for this recipe.

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